



Rules & Regulations

This document should be agreed to BEFORE registering a gymnast to the club, failure to follow the rules laid out will result in the gymnast being asked to leave the session.

Rules - Violations will result in the member being asked to leave the session

1. All members or members parents/guardians must have filled in the online registration form before participating. Any changes must be made by filling out the form again
2. All members must be members of British Gymnastics and have current insurance. If not, gymnasts will not be allowed to take part in their session. Please ask for details.
3. Members must only take instruction from the person responsible for the trampoline that they are training on. This maybe a coach or an assistant coach of the club.
4. Due care and attention must be given to other members and parents using the facility.
5. When joining the club, a club t-shirt must be worn to all training sessions.
6. Parents/guardians are not permitted to be in the gym area during session time.

Safety Regulations - Violations will result in invalidation of any insurance policies

1. Appropriate clothing must be worn at all times. Shorts or tracksuit/jogging bottoms with a t-shirt/sweatshirt (No hoodies). Socks or trampoline shoes must be worn on the trampoline. No jewellery is allowed to be worn
2. Long hair must be tied back. However the use of rigid hair accessories is not permitted.
3. All members may be required to stand at the side of the trampoline to "SPOT" for other members. Anyone not able to spot due to height, age or disability should wherever possible ensure that someone attends the session to "SPOT" for them.
4. Under no circumstances should the spotter leave the side of the trampoline without first seeking the permission of the person responsible for that trampoline.
5. No new moves should be attempted unless requested by the coach.
6. No food or drink should be consumed around the side of the trampolines.
7. The use of mobile phones or any other portable audio/visual devices in the gym without permission from a coach is strictly prohibited.

Fees and Payment Policies

1. Fees must be paid on the first week back by either cash or cheque (receipts for cash will be given on request). Any member who has not paid may not bounce and if fees are not paid by the second week the members position in the class may be offered to people on the waiting list.
2. Fees are to be paid by the term and for the whole term including half term week where classes still run, but at a reduced rate (Ask your coach for more details).
3. Refunds will not be given to any missed sessions due to reasons out of our control. This includes missed payments, no insurance and holiday. Replacement sessions will be held for any cancelled sessions. If you are expecting to lose attendance for an extended period due to injury or other reasons, then you may request a refund for the missed sessions from the committee which will be discussed at the next committee meeting
4. Other payment plans such as half termly payments may be granted at the discretion of the committee. These payments will need to be discussed at least 2 weeks prior to payment being made in order to give the committee time to discuss the matter.